



Most Popular Caribbean Recipes Quick Easy!: Essential West Indian Food Recipes from the Caribbean Islands (Paperback)

By Grace Barrington-Shaw

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. This Caribbean recipes cookbook focuses on the favorite dishes of the people of the Caribbean, dishes you will find if you walk into any Caribbean home. Contains authentic, Caribbean recipes from the gorgeous Islands of Jamaica, Barbados, Guyana and Trinidad.Learn how to cook the most popular dishes of the Caribbean, all the favorites are here: Jerk Chicken Fried or boiled dumplings Curry Goat Stewed Fish Rice and Peas Roti Ackee and Saltfish Caribbean desserts and more! All recipes are well known throughout the Islands and form an essential part of traditional Caribbean cuisine. Have you been to the Islands? Re-live that fantastic Caribbean vacation again and again! Use this cookbook to re-create those wonderful dishes within the comfort of your own home and bring the Caribbean atmosphere to life. Impress your loved ones and friends! Produce mouth-watering, exotic dishes to add to your cooking repertoire and compliment your party or gathering with authentic West Indian food. Easy to follow recipes Simple recipes using easy to find ingredients. Most meals can be prepared in under 30mins....



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