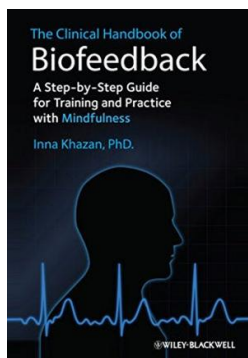


## The Clinical Handbook of Biofeedback: A Step-by-Step Guide for Training and Practice with Mindfulness



### Book Review

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