



## The Therapist's Starter Guide: Setting Up and Building Your Practice, Working with Clients, and Managing Professional Growth

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Wiley, 2008. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Preface.Acknowledgments.SECTION I SETTING UP AND BUILDING YOUR PRACTICE.1 DEFINING YOUR PURPOSE.What Is the Purpose of Therapy? The Goals of Psychotherapy. Relationship-Oriented versus Evidence-Based Therapy. What Kind of Practitioner Are You? A Trip to the Therapist's Couch . . . .Summing Up.Exercises.2 ETHICAL ISSUES.Why Study Ethics? Ethical Codes.Practitioner Behavior.Practicing Outside Your Scope of Practice. Client Rights. Summing Up.Exercises.Resources.3 LEGAL ISSUES.Confidentiality.Tarasoff v. Regents of the University of California. Duty to Warn. Duty to Report.Confidentiality and Working with a Minor.Record Keeping. Dealing with Licensing Boards. What Is Malpractice? The Difference between Supervision and Consultation. Receiving a Subpoena.Summing Up.Exercises.Resources.4 THE IMPORTANCE OF DOCUMENTATION: USING CLIENT CHARTS TO KEEP CARE FOCUSED.Who Will See Your Charts? Before the Client Arrives: Getting Your Files Ready.Summing Up.Exercises.Resources.5 ESTABLISHING YOUR PRACTICE. Creating a Professional Identity. Developing Specialties. What Will You Charge? Developing Peer Consultation. Generating Referrals. Working with Insurance Companies. Time Management. Your Physical Space. Trends on the Horizon. The Use of Technology. Summing Un Exercises Resources SECTION II WORKING WITH CLIENTS 6

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