



Qi and Grace: An Embodied Lord's Prayer (Paperback)

By Elise Dirlam Ching, Kaleo Ching

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This book reveals the meaning and practice of Abba-Imma Qigong, an embodied Lords Prayer. It includes Reverend Steve Harms explanations of the linguistic and historical contexts for his revitalized wording of this foundational Christian prayer and explanations and photos along with instructions of the Abba-Imma Qigong form by Kaleo Ching. Abba-Imma Qigong is where East meets West in a blend of Judeo-Christian and Daoist/Chinese Medicine wisdom and compassion. It invokes and honors Abba-Imma, the Father-Mother God, the Divine Source. It is a unique form of prayer, of praying with the body, mind, and spirit to inspire an enhanced intimacy with the Divine beyond and within.

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