



Surviving Cancer Emotionally: Learning How to Heal

By Roger Granet

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Surviving Cancer Emotionally: Learning How to Heal, Roger Granet, Inspiration and Information to Help You Cope With the Emotional Effects of Cancer Cancer changes our lives physically and emotionally. The more you understand about your psychological reactions to cancer, the more effectively you can cope. In this powerful book, Dr. Roger Granet, a psychiatrist who specializes in the emotional side effects of cancer and its treatment, draws on two decades of experience as he explains what you can expect emotionally at each phase. Here's advice on: Dealing with the diagnosis Finding the coping style that's right for you Handling the many demands of treatment Knowing when to ask for help and how to find it Surviving and coming to terms with a different you Handling the fear of recurrence Written with compassion and clarity, Surviving Cancer Emotionally reveals how we can cope with a devastating illness and turn it into a positive catalyst for embracing life. "Dr. Granet provides ways to help people heal emotionally as they cope with an illness that carries great fears with it. Patients and families will find this book a helpful companion as they...



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